

# WE'RE GOING FIRST! DISCOVERING GROWTH MIDST STRUCTURED CHAOS

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**CARLI Forum** 

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#### **GOALS**

- "People factor"
- "Structured chaos"
- Support growth and morale

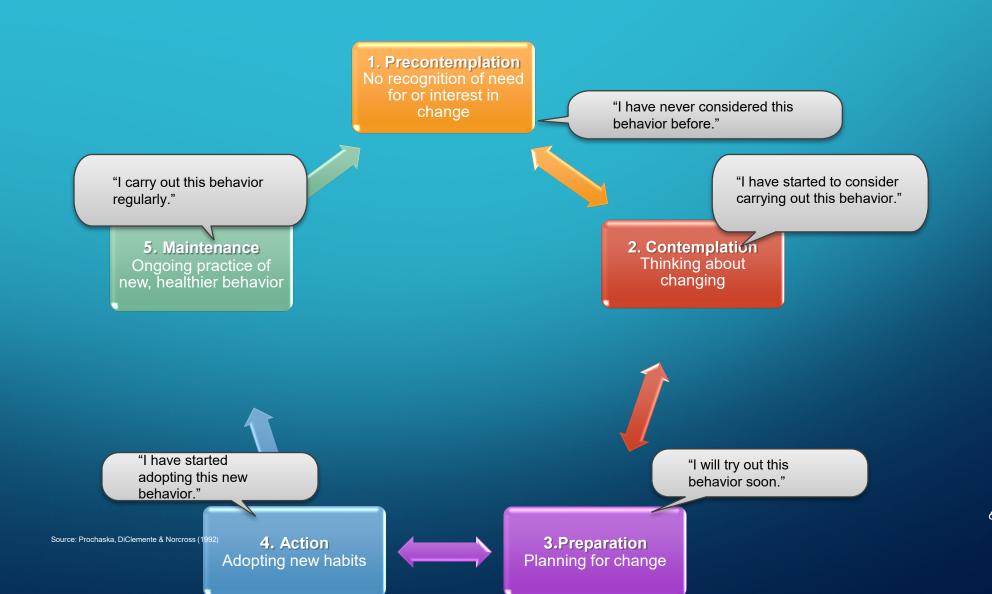
- Key to success
  - Often ignored
- Organization change models differ from personal change models



- Organizational change
  - Task oriented
  - Linear
  - Moves toward shared goal
  - One direction

- Personal change
  - Seldom linear
  - Prochaska model

# STAGES OF CHANGE – "TRANSTHEORETICAL MODEL OF BEHAVIORAL CHANGE"



- Change vs. Transition
  - "People do not resist change, they resist transitions"

# PEOPLE DO NOT RESIST *CHANGE*, THEY RESIST *TRANSITIONS*

- It is not enough to manage the change. Transition is equally important and needs to be managed.
  - Change [external] is a shift in the external situation.
  - Transition [internal] is the psychological reorientation that people make in response to change.
  - Change requires transition if it is to take.
  - Change without transition will not take.

"In its most basic function, transition helps you come to terms with change."

Adapted from "Managing Organizational Transition" series by William Bridges

# PEOPLE TYPICALLY RESIST TRANSITION BECAUSE THEY...

- Do not know . . . lack of communications
  - Do not understand the business realities driving the goal's or new technology
  - Do not think it will make their job easier
- Are not able . . . have not been trained
  - Don't have the skills to work in the new environment
- Are not willing . . . their transition has been ignored by them
  - Are afraid to look "stupid"
  - Have a general fear of change
  - Feel they have experienced ineffective implementations



## **SUMMARY:**

- Ignore at own peril
- Organizational change models differ from personal change modes
  - Linear vs. non-linear

# **SUMMARY:**

- Change vs. Transition
  - "People don't resist change, they resist transitions"
- Head and heart/gut connection
  - Must be in synch

# Oxymoron?

 How can "a state of utter confusion" also be "arranged in a definite pattern of organization?"

- Oxymoron?
  - •Through the action of "building"
    - Skills
    - Workflows
    - Trust
    - Self-confidence
    - Other?

- Change destabilizes existing structures
  - CARLI will coordinate building of new structure

- Transitions generate uncertainty and vulnerability
  - Everyone will experience this and will need to "re-structure"

- Ripe for growth
  - Both professionally and personally
  - Discover ways to maintain grounding and connectedness
  - Trust is key

Proactive responses (Preferred)

 Address and correct stressors before they have time to affect work, life, etc.

# Proactive responses (Preferred)

- This forum as prime example
  - Building a growth mindset to compliment an existing task-oriented mindset

# Reactive responses (Most common)

- Occur after the stress has occurred
- Aimed at correcting or minimizing the damage
- Makes use of interventions and tools
- Choose your response vs. responding to your choice

Passive responses (not preferred):

DON'T EVEN THINK IT!



- Normalization
  - Stressors and associated reactions that ensue are expected

- Normalization
  - Examples:
    - Productivity will go down
    - Patrons will be frustrated
    - Collections may not be discoverable

- Reframing a stressor
  - Change in thinking can result in a change in feelings and/or behaviors & vice versa

- Reframing a stressor
  - Examples:
    - Technical services:
    - Public services:
    - Collection development:

- Reducing a stressor
  - Identify them
    - Data migration issues?
    - Training needs?
    - Anxiety?

- Reducing a stressor
  - Share them
  - Support each other
  - Be creative!

- Grief work
  - Losses are significant in their own right and must be acknowledged, honored, and let go

- Build on existing strengths
  - CARLI leadership (and documentation!)
  - Amount of expertise held within the walls of 91 institutions

- Look for help from unexpected resources
  - At organizational level
    - One of the reasons Kevin is here today
  - At departmental, personal level
    - Employee assistance program (EAP)

#### SUMMARY

- Change is hard
- Remember the person in the professional
- Things change, but people transition
- Great creations have been structured out of chaos

## SUMMARY

- Growth mindset to compliment task mindset
- We've expanded our toolbox today
- Trust CARLI and each other
- •Let's do this!

# **QUESTIONS?**

Thank you!

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